

# New Food Company—Fresh Picks Cafe

More  
Choices  
& Variety

Same 2016-17  
price

Students will have a broader choice and there will always be some consist items

**Breakfast:** There will be two varying choices a day like whole grain donut; breakfast burrito; ultimate breakfast round; egg & cheese on English muffin; baked cinnamon roll  
Consistent everyday will be choices of hard boiled egg; cereal; cheese stick; fruit; juice and milk

**Lunch:** There will be varying choices a day like pizza; hot dogs; pasta; chicken cacciatore; tacos, egg salad sandwich; turkey & cheese sandwich; ham & cheese salad; Caesar salad; ham & cheese sandwich; Sun butter & jelly sandwiches  
Consistent everyday sides will be a garden salad; fresh fruit; vegetables and milk

Monday	Tuesday, 9/5	Wednesday, 9/6	Thursday, 9/7	Friday, 9/8
No School  Labor Day	Breakfast: Whole Grain Donut or Egg & Cheese on English Muffin Plus Sides	Breakfast: Ultimate Breakfast Round or Breakfast Burrito Plus Sides	Breakfast: Fresh baked muffin or Egg & Cheese on English Muffin Plus Sides	Breakfast: Fresh Baked Cinnamon Roll or Egg & Cheese on English Muffin Plus Sides
	Lunch: Quinoa & Roasted Bean Carnitas Power Bowls	Lunch: Chicken Cacciatore Penne Pasta	Lunch: Hot Dog on Bun with sides (beans; oven fries)	Lunch: Cheese or Pepperoni Pizza with sides (salad)
	Ham & Cheese Sandwich	Egg Salad Sandwich	Fruit & Yogurt Parfait	Turkey & Cheese Sandwich
	Sun butter & Jelly Sandwich	Sun butter & Jelly Sandwich	Sun butter & Jelly Sandwich	Sun butter & Jelly Sandwich
	Chicken Caesar Sald	Ham & Cheese Salad	BCLT Salad	Ranch Chicken Salad