

# September 2019

# New Hampton Elementary Lunch

Menu Pricing Elementary Breakfast Price: \$1.25 MS/HS Breakfast Price: \$1.50 Breakfast  
 Reduced: \$0.00 Adult Breakfast: \$2.50 Elementary Lunch Price: \$2.85 Elementary Lunch  
 Reduced: \$0.40 MS/HS Lunch Price: \$3.10 MS/HS Lunch Reduced: \$0.40 Adult Lunch: \$3.50

## MONDAY

**2**

Labor Day - No School

## TUESDAY

**3**

- Signature Picks**
- Baja Chicken Tacos
  - Taco Fixings
  - Cilantro Rice
- Side Picks**
- Cumin Roasted Corn
  - Cinnamon Apple Slices
  - Assorted Fresh Fruit
  - Birthday Cake
- Deli Picks**
- Hot Dog on a Bun
  - Ham & Cheese Sandwich
  - Sun Butter & Jelly Sandwich
- Salad Picks**
- Chicken Caesar Salad
  - Garden Chef Salad with Cheese
  - The Cape Codder Lunchbox

## WEDNESDAY

**4**

- Signature Picks**
- Pasta
  - Meatballs
  - Marinara Sauce
  - Garlic Breadstick
- Side Picks**
- Broccoli
  - Assorted Fresh Fruit
- Deli Picks**
- Grilled Cheese Sandwich
  - Egg Salad Sandwich
  - Sun Butter & Jelly Sandwich
- Salad Picks**
- Ham & Cheese Garden Salad
  - Garden Chef Salad with Cheese
  - The Cape Codder Lunchbox

## THURSDAY

**5**

- NFL KICKOFF!**
- Hot Dog on a Bun
- Side Picks**
- Tater Tots
  - Ice Cream Cup
  - Assorted Fresh Fruit
- Deli Picks**
- Cheeseburger on Bun
  - Fruit & Yogurt Parfait
  - Sun Butter & Jelly Sandwich
- Salad Picks**
- Bacon & Cheese Garden Salad
  - Garden Chef Salad with Cheese
  - The Cape Codder Lunchbox

## FRIDAY

**6**

- Signature Picks**
- Cheese Pizza
  - Pepperoni Pizza
- Side Picks**
- Cucumber Wedges
  - Assorted Fresh Fruit
- Deli Picks**
- Bacon, Egg & Cheese on English Muffin
  - Turkey & Cheese Sandwich
  - Sun Butter & Jelly Sandwich
- Salad Picks**
- Chicken Bacon Ranch Garden Salad
  - Garden Chef Salad with Cheese
  - The Cape Codder Lunchbox

**9**

- Signature Picks**
- French Toast Sticks
  - Warm Maple Syrup
  - Breakfast Sausage
- Side Picks**
- Home Fried Potatoes
  - Blueberries & Cream
- Deli Picks**
- Chicken Patty on Bun
  - Cafe Kids Plate
  - Sun Butter & Jelly Sandwich
- Salad Picks**
- Three Cheese Garden Salad
  - Garden Chef Salad with Cheese
  - The Ham and Cheese Lunchbox

**10**

- Signature Picks**
- Chicken Quesadilla
  - Salsa and Sour Cream
- Side Picks**
- Mexicali Rice
  - Confiti Corn
  - Assorted Fresh Fruit
- Deli Picks**
- Hot Dog on a Bun
  - Ham & Cheese Sandwich
  - Sun Butter & Jelly Sandwich
- Salad Picks**
- Chicken Caesar Salad
  - Garden Chef Salad with Cheese
  - The Ham and Cheese Lunchbox

**11**

- MAC AND CHEESE BOWLS!**
- Popcorn Chicken Mac & Cheese Bowl
  - Mac and Cheese Bowls Toppings
- Side Picks**
- Garden Salad
  - Assorted Fresh Fruit
- Deli Picks**
- Grilled Cheese Sandwich
  - Egg Salad Sandwich
  - Sun Butter & Jelly Sandwich
- Salad Picks**
- Ham & Cheese Garden Salad
  - Garden Chef Salad with Cheese
  - The Ham and Cheese Lunchbox

**12**

- Signature Picks**
- Sloppy Joe on Bun
- Side Picks**
- Maple Roasted Sweet Potatoes
  - Maple Baked Beans
  - Assorted Fresh Fruit
- Deli Picks**
- Cheeseburger on Bun
  - Fruit & Yogurt Parfait
  - Sun Butter & Jelly Sandwich
- Salad Picks**
- Bacon & Cheese Garden Salad
  - Garden Chef Salad with Cheese
  - The Ham and Cheese Lunchbox

**13**

- Signature Picks**
- Cheese Pizza
  - Pepperoni Pizza
- Side Picks**
- Broccoli
  - Frozen Fruit Sorbet-Pineapple Cherry
  - Assorted Fresh Fruit
- Deli Picks**
- Bacon, Egg & Cheese on English Muffin
  - Turkey & Cheese Sandwich
  - Sun Butter & Jelly Sandwich
- Salad Picks**
- Chicken Bacon Ranch Garden Salad
  - Garden Chef Salad with Cheese
  - The Ham and Cheese Lunchbox

**16**

- Signature Picks**
- Turkey & Bacon Melt
- Side Picks**
- Green Beans
  - Assorted Fresh Fruit
- Deli Picks**
- Chicken Patty on Bun
  - Cafe Kids Plate
  - Sun Butter & Jelly Sandwich
- Salad Picks**
- Three Cheese Garden Salad
  - Garden Chef Salad with Cheese
  - The Better Cheddar Lunchbox

**17**

- Signature Picks**
- Chicken Fajitas
  - Fajita Fixings
  - Mexicali Rice
- Side Picks**
- Sweet Corn
  - Orange Wedges
- Deli Picks**
- Hot Dog on a Bun
  - Ham & Cheese Sandwich
  - Sun Butter & Jelly Sandwich
- Salad Picks**
- Chicken Caesar Salad
  - Garden Chef Salad with Cheese
  - The Better Cheddar Lunchbox

**18**

- Signature Picks**
- American Chop Suey
  - Garlic Bread
- Side Picks**
- Carrots
  - Assorted Fresh Fruit
- Deli Picks**
- Grilled Cheese Sandwich
  - Egg Salad Sandwich
  - Sun Butter & Jelly Sandwich
- Salad Picks**
- Ham & Cheese Garden Salad
  - Garden Chef Salad with Cheese
  - The Better Cheddar Lunchbox

**19**

- NATIONAL BURGER DAY!**
- The All American Burger Bar
- Side Picks**
- Seasoned Fries
  - Maple Baked Beans
  - Assorted Fresh Fruit
- Deli Picks**
- Cheeseburger on Bun
  - Fruit & Yogurt Parfait
  - Sun Butter & Jelly Sandwich
- Salad Picks**
- Bacon & Cheese Garden Salad
  - Garden Chef Salad with Cheese
  - The Better Cheddar Lunchbox

**20**

- Signature Picks**
- Cheese Pizza
  - Pepperoni Pizza
- Side Picks**
- Broccoli
  - Assorted Fresh Fruit
- Deli Picks**
- Bacon, Egg & Cheese on English Muffin
  - Turkey & Cheese Sandwich
  - Sun Butter & Jelly Sandwich
- Salad Picks**
- Chicken Bacon Ranch Garden Salad
  - Garden Chef Salad with Cheese
  - The Better Cheddar Lunchbox

**23**

- Signature Picks**
- Grilled Cheese Sandwich
  - Tomato Soup
- Side Picks**
- French Fries
  - Assorted Fresh Fruit
- Deli Picks**
- Chicken Patty on Bun
  - Cafe Kids Plate
  - Sun Butter & Jelly Sandwich
- Salad Picks**
- Three Cheese Garden Salad
  - Garden Chef Salad with Cheese
  - The Cape Codder Lunchbox

**24**

- Signature Picks**
- Twin Tacos
  - Taco Fixings
  - Cilantro Rice
- Side Picks**
- Seasoned Black Beans
  - Sweet Corn
  - Assorted Fresh Fruit
- Deli Picks**
- Hot Dog on a Bun
  - Ham & Cheese Sandwich
  - Sun Butter & Jelly Sandwich
- Salad Picks**
- Chicken Caesar Salad
  - Garden Chef Salad with Cheese
  - The Cape Codder Lunchbox

**25**

- Signature Picks**
- Chicken Broccoli Alfredo
  - Pasta
  - Garlic Breadstick
- Side Picks**
- Broccoli
  - Assorted Fresh Fruit
- Deli Picks**
- Grilled Cheese Sandwich
  - Egg Salad Sandwich
  - Sun Butter & Jelly Sandwich
- Salad Picks**
- Ham & Cheese Garden Salad
  - Garden Chef Salad with Cheese
  - The Cape Codder Lunchbox

**26**

- CHINESE TAKE OUT!**
- Teriyaki Crispy Chicken
  - Vegetable Lo Mein
- Side Picks**
- Ginger Carrots
  - Chilled Pineapple
  - Assorted Fresh Fruit
- Deli Picks**
- Cheeseburger on Bun
  - Fruit & Yogurt Parfait
  - Sun Butter & Jelly Sandwich
- Salad Picks**
- Bacon & Cheese Garden Salad
  - Garden Chef Salad with Cheese
  - The Cape Codder Lunchbox

**27**

- Signature Picks**
- Cheese Pizza
  - Pepperoni Pizza
- Side Picks**
- Green Beans
  - Assorted Fresh Fruit
- Deli Picks**
- Bacon, Egg & Cheese on English Muffin
  - Turkey & Cheese Sandwich
  - Sun Butter & Jelly Sandwich
- Salad Picks**
- Chicken Bacon Ranch Garden Salad
  - Garden Chef Salad with Cheese
  - The Cape Codder Lunchbox

**30**

- Signature Picks**
- Pancakes
  - Warm Maple Syrup
  - Cheese Omelet
- Side Picks**
- Home Fried Potatoes
  - Applesauce
- Deli Picks**
- Chicken Patty on Bun
  - Cafe Kids Plate
  - Sun Butter & Jelly Sandwich
- Salad Picks**
- Three Cheese Garden Salad
  - Garden Chef Salad with Cheese
  - The Ham and Cheese Lunchbox

Daily Beverage Options: Milk, Skim, Milk, 1%, Milk, Fat Free Chocolate

More Details: [newfound4.nutrislice.com/menu/new-hampton-elementary/lunch/](http://newfound4.nutrislice.com/menu/new-hampton-elementary/lunch/)  
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